

Saturday

7:00 am - Sunrise Meeting - Online, OD

10:30 am - Good Morning Group - Old Factory Down
Laneway, 100 Park St. Kitchener, OD, H

12:00 pm - High Noon Group - 22 Madison Ave,
Kitchener, OD, A

2:00 pm - S.O.S Group - First Mennonite Church, 800
King St E, Kitchener, OS, A

7:00pm - Distinto Amanecer Sunday - Commercial
Building, 63 Courtland Ave E, Kitchener, OD, Spanish

7:30 pm - A Woman's Way - Online, CD, W

7:30 pm - New Hamburg Group - Trinity Lutheran
Church, 23 Church St, New Hamburg, OS, A

8:00 pm - Saturday Night Cap - Hope Lutheran
Church, 30 Shaftsbury Dr, Kitchener, OD, A

10:00 pm - Nighthawks Meeting - Online, OD

Contacts:

What is AA?

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

I am responsible...

When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

Rev. Sept 2023 v1

DISTRICT 2, AREA 86

ALCOHOLICS ANONYMOUS MEETINGS

NEVER ALONE - PICK UP THE PHONE TO SPEAK WITH AN AA MEMBER:
(519) 742-6183

CHECK OUT OUR WEBSITE FOR UPDATED INFORMATION, ANNOUNCEMENTS & LIVE CHAT:
WWW.KWAA.CA



KITCHENER, WATERLOO & THE SURROUNDING AREA

Sunday

7:00 am - Sunrise Meeting - Online, OD

9:00 am - K-W Breakfast Group - Knights of Columbus Hall, 145 Dearborn Pl., Waterloo, OS, A

10:30 am - Good Morning Group - Old Factory Down Laneway, 100 Park St. Kitchener, OD, H

12:00 pm - High Noon Group - 22 Madison Ave, Kitchener, OD, A

3:00 pm - Winner's Circle - Ray of Hope, 659 King St. E #230, OD

7:00 pm - Hometown Group - Faith Lutheran Church, 247 Westmount Rd. E, CD

7:00pm - Distinto Amanecer Sunday - Commercial Building, 63 Courtland Ave E, Kitchener, OD, Spanish

7:30 pm - Turning Point Step Group - 22 Madison Ave, Kitchener, OD, A, H

8:00 pm - Keep it Simple Sunday - Benton Street Baptist Church, 90 Benton St., Kitchener, OD, A

8:00 pm - Sunday Night Group - Emmanuel United Church, 22 Bridgeport Rd. W, Waterloo, OS, A

10:00 pm - Nighthawks Meeting - Online, OD

Monday

7:00 am - Sunrise Meeting - Online, OD

10:30 am - Good Morning Group - Old Factory Down Laneway, 100 Park St., Kitchener, OD, H

12:00 pm - High Noon Group - 22 Madison Ave, Kitchener, OD, A

7:00 pm - 7 O'Clock News Group - Online, CD

7:00 pm - Flimsy Reed Group - Benton Street Baptist Church, 90 Benton St., Kitchener, OD, A

7:30 pm - Countryside Serenity Group, 19 Albert St. E, Plattsville, OD

8:00 pm - Unity Group - St. James Rosemount United Church, 171 Sherwood Ave., Kitchener, OD, A

8:00 pm - Villiage Group - Faith Lutheran Church, 247 Westmount Rd., Kitchener, CD, A, Polish

8:00 pm - Grapevine Group - Online, CD

8:00 pm - Forest Heights Group - St. Marks Church, 55 Driftwood Drive, Kitchener, CD, A

10:00 pm - Nighthawks Meeting - Online, OD

Tuesday

7:00 am - Sunrise Meeting - Online, OD

10:30 am - Good Morning Group - Old Factory Down Laneway, 100 Park St. Kitchener, OD, H

12:00 pm - High Noon Group - 22 Madison Ave, Kitchener, OD, A

6:30 pm - The Early Intervention Group - Faith Lutheran Church, 247 Westmount Rd., E, CD

7:30 pm - Stepping Stones Men's Meeting - Highland Rd Baptist Church, 135 Highland Rd. W, CD, M

8:00 pm - Westown Group - Old Coach House, 22 Willow St., Waterloo, CD

8:00 pm - Living Sober Group - St. Mary's Catholic Church, 56 Duke St. W, CD, A

10:00 pm - Nighthawks Meeting - Online, OD

Wednesday

7:00 am - Sunrise Meeting - Online, OD

8:00 am - Early Bird Meeting, Bethany Evangelical Church, 160 Lancaster St E, CD

10:30 am - Good Morning Group - Old Factory Down Laneway, 100 Park St. Kitchener, OD, H

12:00 pm - High Noon Group - 22 Madison Ave, Kitchener, OD, H

1:30 pm - Love & Tolerance Meeting - Victoria Hills Community Center, 10 Chopin Dr., Kitchener, OD

7:00 pm - Women's 12 Step Meeting - Emmanuel United Church, 22 Bridgeport Rd. W, Waterloo, CD, W

7:00 pm - Keystone Group - Stirling Avenue Mennonite Church, 57 Stirling Ave N, Kitchener, OD/S, A

8:00 pm - Young & Young at Heart - Knights of Columbus Lower Hall, 797 Guelph St., Kitchener, CD

8:00 pm - Twelve & Twelve Group - St Agnes Church, 75 Bluevale St N, Waterloo, CD

10:00 pm - Nighthawks Meeting - Online, OD

LEGEND:

O = Open

C = Closed

D = Discussion

S = Speaker

A = Accessible

H = Hybrid; In-person & Online

Thursday

7:00 am - Sunrise Meeting - Online, OD

10:30 am - Good Morning Group - Old Factory Down Laneway, 100 Park St. Kitchener, OD, H

12:00 pm - High Noon Group - 22 Madison Ave, Kitchener, OD, A

1:00 pm - Fellowship Group - Benton Street Baptist Church. 90 Benton St., Kitchener, CD, A

7:00 pm - S.O.S Group - First Mennonite Church, 800 King St E, Kitchener, OD

7:00 pm - Distinto Amanecer Thursday - Commercial Building, 63 Courtland Ave E, Kitchener, OD, Spanish

7:30 pm - The Heritage Group - Grand River Recreation Centre, 600 Heritage Drive, Kitchener, OD, OS

8:00 pm - New Beginnings Group - Benton Street Baptist Church, 90 Benton St., Kitchener, OD

8:00 pm - Youngtimers Group - Emmanuel United Church, 22 Bridgeport Rd. W, Waterloo, OD, H

8:00 pm - Elmira Group - Gale Presbyterian Church, 10 Barnswallow Dr, Elmira, OS, A

10:00 pm - Nighthawks Meeting - Online, OD

Friday

7:00 am - Sunrise Meeting - Online, OD

10:30 am - Good Morning Group - Old Factory Down Laneway, 100 Park St. Kitchener, OD, H

12:00 pm - High Noon Group - 22 Madison Ave, Kitchener, OD, A

7:00 pm - South End Group - Forest Hill United Church, 121 Westmount Rd. E, Kitchener, CD, A

7:00 pm - Distinto Amanecer Friday - Commercial Building, 63 Courtland Ave E, Kitchener, OD, Spanish

7:30 pm - Welcome Home Group - 505 Wallace St. N, Listowel, CD

7:30 pm - Highland Road Friday Night Friendly Group - St Stephens Lutheran Church, 248 Highland Rd E, Kitchener, OS, A

7:45 pm - Red Road of Recovery - Waterloo Indigenous Student Centre, 190 Westmount Rd N, Waterloo, OD

8:00 pm - North Waterloo Group - Knox Presbyterian Church, 50 Erb St W, Waterloo, CD, A

10:00 pm - Nighthawks Meeting - Online, OD

Please note: More specific information can be found on the website, www.kwaa.ca, including meeting formats, and online meeting links.